

RESULTS :

5 km S1

RAKKERRUN KASTEELTRAIL

LENNIK

08/10/2023

rank	bib	gender	name [catg / year]			time	time / km	km/h
1	107	M 1	Van Laethem Gaetan [Sen] 1997	Ng	Ac Lebbecke	16:50	03:22	17.80
2	73	M 2	D'aurilio Siméon [Sen] 1996	Ng	Csf	17:42	03:32	16.90
3	114	M 3	Sanchez De Lara Garcia Juan Pablo [Sen] 1990	Ng	Csf	17:58	03:35	16.70
4	113	M 4	Martinez Lopez Doroteo [M50+] 1971	Ng	C.d Atlefulca	18:02	03:36	16.60
5	413	M 5	Gesquiere Charles [Sen] 1989	Halle	Hrc	18:11	03:38	16.50
6	170	M 6	Reygaert Davy [Sen] 1992	Ng	Acg	18:18	03:39	16.40
7	180	M 7	Van Vaerenbergh Sijmen [Sen] 1997	Ng	Acko	18:21	03:40	16.30
8	122	F 1	Teugels Amber [Sen] 1996	Ng	----	18:36	03:43	16.10
9	410	M 8	Vandevelde Nik [Nvt] 2007		Leeuwerik	18:42	03:44	16.00
10	90	F 2	De Nul Marlies [Sen] 1995	Ng	Acp	18:46	03:45	16.00
11	129	M 9	Cromphout Patrik [M40+] 1981	Ng	Acp	18:49	03:45	15.90
12	418	M 10	De Baecker Jeroen [M40+] 1982	Zemst	A C P	18:58	03:47	15.80
13	425	M 11	Breesch Kristof [M45+] 1974	Dilbeek	Brasserrunn	19:07	03:49	15.70
14	421	M 12	Schoukens Hendrik [M60+] 1962	Lennik	A C P	19:10	03:50	15.70
15	106	M 13	Leuckx Xander [Nvt] 2007	Ng	Acp	19:17	03:51	15.60
16	133	M 14	El Hachimi Nordin [Nvt] 2009	Ng	Acp	19:31	03:54	15.40
17	60	M 15	Bruylandt Kobe [Nvt] 2008	Ng	Acp	19:43	03:56	15.20
18	191	M 16	Beeckman Geert [M55+] 1966	Ng	Ac	19:47	03:57	15.20
19	110	M 17	Mariën Artuur [Sen] 2002	Ng	Acp	19:54	03:58	15.10
20	441	M 18	Stevens Wouter [Sen] 1996	Lennik	A C P	19:59	03:59	15.00
21	58	M 19	De Backer Siebe [Nvt] 2011	Ng	Leeuwerik	20:05	04:01	14.90
22	59	M 20	De Backer Christophe [M45+] 1978	Ng	Leeuwerik	20:07	04:01	14.90
23	159	M 21	De Mey Kenneth [Sen] 1989	Ng	Acp Gooik	20:14	04:02	14.80
24	36	M 22	Sonck Jozef [M55+] 1968	Ng	----	20:21	04:04	14.70
25	139	M 23	Haegeman Davy [Sen] 1996	Ng	Acp	20:34	04:06	14.60
26	412	M 24	Vandevelde Jorik [Jun] 2005		Leeuwerik	20:48	04:09	14.40
27	86	M 25	Buisseret Laurent [M45+] 1975	Ng	Brasserrunn	20:53	04:10	14.40
28	49	M 26	De Troch Wout [Sen] 1998	Ng	Dilbeek	21:01	04:12	14.30
29	151	M 27	Duquene Robin [Sen] 2003	Ng	----	21:09	04:13	14.20
30	130	M 28	Smet Lukas [Nvt] 2009	Ng	Acp	21:11	04:14	14.20
31	419	F 3	Bernaerts Soline [Sen] 1994	Asse	D A C	21:30	04:18	14.00
32	87	F 4	De Bruyne Ilona [Nvt] 2011	Ng	Acg	21:45	04:21	13.80
33	57	M 29	De Backer Lucas [Nvt] 2009	Ng	Leeuwerik	21:54	04:22	13.70
34	406	M 30	Broothaerts Josse [M65+] 1955	Kapelle-op-den-	Team	21:56	04:23	13.70
35	446	M 31	Daelemans Jeroen [Sen] 1991	Affligem	----	22:07	04:25	13.60
36	39	M 32	Devuyt Bram [M35+] 1984	Ng	H3o	22:21	04:28	13.40
37	61	M 33	Barbé Jan [M50+] 1971	Ng	Leeuwerik	22:24	04:28	13.40
38	65	M 34	Oller Duque Juan Jose [M35+] 1985	Ng	----	22:33	04:30	13.30
39	443	M 35	Janssens Pierre [] 2014	Halle	Beerselse	22:40	04:32	13.20

40	185	M 36	Moonens Joris [M40+] 1982	Ng	----	22:42	04:32	13.20
41	134	M 37	De Klerck Steven [M40+] 1980	Ng	Topcoaches	22:51	04:34	13.10
42	82	F 5	Dekeuleneer Lune [Nvt] 2012	Ng	----	22:54	04:34	13.10
43	71	F 6	De Schuyteneer Els [M40+] 1980	Ng	Leeuwerik	23:00	04:36	13.00
44	439	M 38	Vandervennet Lukas [] 2010	Lennik	A C P	23:05	04:37	13.00
45	123	F 7	Stoop Yana [Sen] 1996	Ng	----	23:20	04:40	12.90
46	120	M 39	Bogaerts Sam [Nvt] 2013	Ng	Rakkertje	23:25	04:41	12.80
47	442	M 40	Janssens Kris [M35+] 1985	Halle	Beerselse	23:26	04:41	12.80
48	111	M 41	Mariën Kasper [Jun] 2004	Ng	----	23:32	04:42	12.70
49	131	M 42	De Weweire Senne [Nvt] 2012	Ng	Begelec	23:34	04:42	12.70
50	56	M 43	Devuyst Jarno [Sen] 1988	Ng	----	23:36	04:43	12.70
51	165	F 8	De Becker Lore [Nvt] 2007	Ng	Dac	23:56	04:47	12.50
52	161	M 44	Avaux Gert [M50+] 1971	Ng	Acp	23:58	04:47	12.50
53	67	M 45	Verhoeven Ben [M35+] 1987	Ng	----	23:59	04:47	12.50
54	417	M 46	Roelandts Rudi [M60+] 1963	Lennik	A C P	24:00	04:48	12.50
55	88	M 47	Pandelaere Johnny [M70+] 1952	Ng	Leeuwerik	24:14	04:50	12.40
56	84	M 48	Leo Marc [M55+] 1964	Ng	Leeuwerik	24:15	04:51	12.40
57	188	M 49	Van Den Broucke Maxim [Sen] 1999	Ng	Sponsering	24:26	04:53	12.30
58	157	M 50	Galmart Gus [Nvt] 2011	Ng	Acp	24:30	04:54	12.20
59	51	F 9	Missotten Kyna [Sen] 1996	Ng	----	24:33	04:54	12.20
60	118	M 51	Vandenborre Johan [M55+] 1964	Ng	----	24:34	04:54	12.20
61	83	M 52	Dekeuleneer Jonne [Nvt] 2009	Ng	----	24:40	04:56	12.20
62	407	M 53	Bellemans Stefaan [M60+] 1961	Dilbeek	Leeuwerik	24:46	04:57	12.10
63	469	M 54	Stroobants Maarten [M45+] 1976	Halle	O.e.h.	24:50	04:58	12.10
64	189	M 55	Boom Thor [Nvt] 2014	Ng	Dac	24:52	04:58	12.10
65	38	M 56	Devuyst Senne [Nvt] 2012	Ng	Kho	24:53	04:58	12.10
66	190	M 57	Boom Michiel [Nvt] 2014	Ng	Dac	24:54	04:58	12.00
67	22	M 58	Geeroms Ronny [M40+] 1979	Ng	----	24:56	04:59	12.00
68	164	F 10	Vercauteren Sophie [Nvt] 2006	Ng	Dac	24:57	04:59	12.00
69	135	M 59	De Klerck Hubert [M70+] 1952	Ng	Kwb	24:59	04:59	12.00
70	432	M 60	Vandaele Philip [M40+] 1979	Lennik	----	25:01	05:00	12.00
71	72	M 61	Deneys Dirk [M50+] 1973	Ng	Leeuwerik	25:03	05:00	12.00
72	30	F 11	Stradiot Nadia [Sen] 1991	Ng	----	25:04	05:00	12.00
73	153	M 62	Van Tornout David [Nvt] 2012	Ng	----	25:06	05:01	12.00
74	93	M 63	Verbrugghen Willy [M65+] 1954	Ng	Leeuwerik	25:12	05:02	11.90
75	155	M 64	Vierendeels Mathias [Nvt] 2012	Ng	----	25:15	05:03	11.90
76	43	M 65	Borginon Bernard [M50+] 1972	Ng	Leeuwerik	25:33	05:06	11.70
77	440	M 66	Van Vlaenderen Lucas [] 2019	Sint-pieters-	Brasserrun	25:36	05:07	11.70
78	35	F 12	Cinco Amelita [M45+] 1978	Ng	----	25:45	05:09	11.70
79	121	M 67	Gavilanes-salcedo Danilo [Sen] 1992	Ng	Prisma	25:55	05:11	11.60
80	149	M 68	Plasschaert Jens [Sen] 1995	Ng	----	26:00	05:12	11.50
81	447	M 69	Mariem Wim [M55+] 1967	Lennik	----	26:13	05:14	11.40
82	158	M 70	Galmart Morris [Nvt] 2013	Ng	----	26:21	05:16	11.40

83	115	M 71	Matthijs Patrick [M55+] 1965	Ng	Kwb	26:29	05:17	11.30
84	31	M 72	Vanmechelen Armin [Sen] 1988	Ng	----	26:46	05:21	11.20
85	109	M 73	Van Opstal Guy [M55+] 1965	Ng	Ac Pegasus	26:48	05:21	11.20
86	125	F 13	Van Belle Amber [Sen] 2002	Ng	Sponsor-	27:10	05:26	11.00
87	154	M 74	Van Tornout Elias [M35+] 1983	Ng	----	27:15	05:27	11.00
88	196	F 14	Vlogaert Elisabeth [M40+] 1983	Ng	----	27:19	05:27	11.00
89	54	F 15	De Kepper Liesl [Sen] 1990	Ng	----	27:22	05:28	11.00
90	124	M 75	Van Belle Robin [Sen] 2000	Ng	Sponsor-	27:27	05:29	10.90
91	119	M 76	Hertsens Samuel [Nvt] 2011	Ng	Sponsor-	27:32	05:30	10.90
92	132	M 77	De Weweire Andy [M40+] 1981	Ng	Begelec	27:36	05:31	10.90
93	2000	M 78	Nerinckx Alexim [Nvt] 2012	Ng	----	27:38	05:31	10.90
94	14		Naam Niet Gekend []		----	27:41	05:32	10.80
95	37	M 79	Van Den Spiegel Wannes [Nvt] 2012	Ng	----	27:57	05:35	10.70
96	44	M 80	Van Den Spiegel Christophe [M40+] 1982	Ng	Jco	27:57	05:35	10.70
97	101	M 81	Deryck Wim [M50+] 1969	Ng	Joggingclub	28:04	05:36	10.70
98	147	M 82	Vandervelden Thibaut [Sen] 1997	Ng	Sponsoring	28:06	05:37	10.70
99	438	F 16	Van Vaerenbergh Kristien [M45+] 1978	Lennik	----	28:07	05:37	10.70
100	2001	M 83	Nerinckx Kim [M40+] 1981	Ng	----	28:08	05:37	10.70
101	13	F 17	Danau Birgit [Sen] 1994	Ng	----	28:11	05:38	10.60
102	127	M 84	Buelens Eric [M60+] 1960	Ng	Leeuwerik	28:15	05:39	10.60
103	148	F 18	De Geyter Ellen [Sen] 1998	Ng	Sponsoring	28:26	05:41	10.60
104	183	M 85	Croes Frank [M60+] 1963	Ng	Za Team	28:27	05:41	10.50
105	48	M 86	Neyt Matthew [Nvt] 2013	Ng	----	28:32	05:42	10.50
106	19	F 19	Van Der Plas Louise [Nvt] 2011	Ng	----	28:33	05:42	10.50
107	414	F 20	Cannoot Iris [M40+] 1980	Halle	Hrc	28:39	05:43	10.50
108	11	M 87	Ceuppens Patrick [M65+] 1956	Ng	Bvl	28:46	05:45	10.40
109	85	M 88	Lanckmans Klaas [Nvt] 2012	Ng	Trionfo	28:51	05:46	10.40
110	400	M 89	Lichtert Stan [] 2012	Roosdaal	----	28:59	05:47	10.40
111	108	M 90	Tierens Willy [M55+] 1963	Ng	Pegasus	29:00	05:48	10.30
112	20	F 21	Van Driessche Annelies [M35+] 1988	Ng	----	29:01	05:48	10.30
113	146	M 91	Vanophem Freek [Nvt] 2014	Ng	Kbc Sponsor	29:04	05:48	10.30
114	437	M 92	Vanophem Tim [M40+] 1983	Lennik	Kbc Sponsor	29:05	05:49	10.30
115	66	M 93	Everaert Kobe [Nvt] 2011	Ng	Acp	29:07	05:49	10.30
116	68	F 22	Verschueren Sophie [M35+] 1983	Ng	Acp	29:08	05:49	10.30
117	116	F 23	De Kegel Griet [M55+] 1964	Ng	Acp	29:11	05:50	10.30
118	94	F 24	De Weerd Ingrid [M55+] 1964	Ng	Kwb	29:12	05:50	10.30
119	145	F 25	Temmerman Lies [M35+] 1984	Ng	Sponsor Kbc	29:15	05:51	10.30
120	91	M 94	Trullemans Johan [M55+] 1968	Ng	Acp	29:17	05:51	10.20
121	81	M 95	De Mont Kobe [Nvt] 2012	Ng	----	29:23	05:52	10.20
122	102	M 96	Steyaert Senne [Nvt] 2011	Ng	Sponsor - Sl	29:31	05:54	10.20
123	104	F 26	Geeraerts Britt [Sen] 2001	Ng	Sponsor-	29:35	05:55	10.10
124	174	F 27	Puttaert Laura [Nvt] 2010	Ng	Kwb	29:39	05:55	10.10
125	175	M 97	Puttaert Gunter [M50+] 1970	Ng	Kwb	29:40	05:56	10.10

126	444	F 28	Keymeulen Saartje [M35+] 1986	Gooik	A C P	29:51	05:58	10.10
127	194	F 29	Spinnoy Joanna [M40+] 1979	Ng	Leeuwerik	29:55	05:59	10.00
128	179	F 30	Criel Elia [Nvt] 2013	Ng	Geen	29:57	05:59	10.00
129	16	F 31	Van Der Meeren Nieke [Nvt] 2012	Ng	Sponsor	30:09	06:01	10.00
130	415	F 32	Van Autreve Eline [Sen] 1988	Vorst	----	30:09	06:01	10.00
131	105	M 98	Geeraerts Matse [Nvt] 2011	Ng	Sponsor-	30:11	06:02	9.90
132	177	F 33	Ringoet Anaïs [Sen] 1993	Ng	----	30:16	06:03	9.90
133	193	F 34	Sterckx Christel [M55+] 1965	Ng	Leeuwerik	30:17	06:03	9.90
134	69	M 99	Bardijn Danny [M60+] 1959	Ng	Leeuwerik	30:19	06:03	9.90
135	434	F 35	Van De Genachte Emma [Sen] 1999	Lennik	Kwb	30:21	06:04	9.90
136	435	M 100	Hertveldt Jonas [Sen] 1997	Roosdaal	Kwb	30:22	06:04	9.90
137	15	F 36	Lommers Gitte [Nvt] 2014	Ng	' Rakkertje	30:24	06:04	9.90
138	184	F 37	Semal Elisa [Sen] 1990	Ng	----	30:25	06:05	9.90
139	41	F 38	Claes Amber [Nvt] 2010	Ng	----	30:36	06:07	9.80
140	10	M 101	Eleylenbosch Gaston [M70+] 1950		Leeuwerik	30:38	06:07	9.80
141	411	F 39	Vandevelde Inne [Sen] 2003		Leeuwerik	30:38	06:07	9.80
142	150	M 102	Duquene Gert [Sen] 1999	Ng	----	30:39	06:07	9.80
143	17	F 40	De Mot Mieke [M35+] 1985	Ng	Daisvzw	30:45	06:09	9.80
144	429	F 41	Timmermans Elene [Sen] 2000	Liedekerke	----	30:47	06:09	9.70
145	430	M 103	Van Laethem Jaochim [Sen] 2000	Liedekerke	----	30:48	06:09	9.70
146	192	F 42	Mares Nina [M50+] 1972	Ng	----	30:51	06:10	9.70
147	112	F 43	Dejonckheere Juline [Nvt] 2011	Ng	----	30:51	06:10	9.70
148	80	F 44	Mares Lise [Nvt] 2010	Ng	----	30:52	06:10	9.70
149	79	M 104	Van Kerckhoven Joos [Nvt] 2011	Ng	----	30:54	06:10	9.70
150	33	M 105	Heyvaert Luc [M65+] 1955	Ng	Leeuwerik	31:07	06:13	9.60
151	103	F 45	Jacobs Ann [M45+] 1977	Ng	Acp	31:09	06:13	9.60
152	117	F 46	De Dobbeleer Tamara [M50+] 1972	Ng	Acp	31:10	06:14	9.60
153	424	F 47	Van Steen Fenna [] 2011	Roosdaal	----	31:12	06:14	9.60
154	152	F 48	Coenegrachts Katrijn [M40+] 1983	Ng	----	31:16	06:15	9.60
155	156	F 49	Terrijn Virginie [M40+] 1979	Ng	----	31:17	06:15	9.60
156	431	F 50	Michiels Peggy [M50+] 1972		----	31:20	06:16	9.60
157	95	M 106	Barbé Marc [M65+] 1957	Ng	----	31:34	06:18	9.50
158	42	F 51	Delhoux Joke [M45+] 1973	Ng	----	31:36	06:19	9.50
159	45	F 52	Schets Katrien [Sen] 1991	Ng	----	31:39	06:19	9.50
160	144	F 53	Melissa Melissa [M35+] 1988	Ng	----	31:40	06:20	9.50
161	99	F 54	Van Den Abeele Anske [Nvt] 2010	Ng	Actief	31:58	06:23	9.40
162	100	M 107	Van Den Abeele Rutger [M35+] 1983	Ng	Actief	31:59	06:23	9.40
163	428	F 55	Lefever Katelyne [M50+] 1973	Lennik	----	31:59	06:23	9.40
164	50	F 56	Bailly Nathalie [M35+] 1984	Ng	----	32:00	06:24	9.40
165	181	F 57	Packeu Ann [M40+] 1982	Ng	----	32:01	06:24	9.40
166	433	F 58	Eylenbosch Josephine [M60+] 1960	Roosdaal	Kwb	32:06	06:25	9.30
167	173	M 108	Maes Noël [M60+] 1959	Ng	De	32:08	06:25	9.30
168	197	M 109	Twagizahirwe Christen [Nvt] 2013	Ng	----	32:16	06:27	9.30

169	187	F 59	Delcourt Rhune [Sen] 2000	Ng	Sponsor -	32:20	06:28	9.30
170	162	M 110	Vandergoten Lea [M60+] 1961	Ng	----	32:26	06:29	9.20
171	163	M 111	Meirsschaut Jo [M65+] 1956	Ng	----	32:28	06:29	9.20
172	40	M 112	Van Bruyssel Tomas [M40+] 1983	Ng	Geen	32:32	06:30	9.20
173	169	M 113	Walravens Steven [M40+] 1982	Ng	----	32:37	06:31	9.20
174	195	F 60	Sloodts Nele [Sen] 2001	Ng	Bfit&fun	32:44	06:32	9.20
175	171	F 61	Provost Ine [Nvt] 2011	Ng	----	32:46	06:33	9.20
176	46	F 62	Schets Liesbeth [M35+] 1984	Ng	----	32:52	06:34	9.10
177	23	F 63	De Knop Irina [M45+] 1978	Ng	Sponsor -	32:54	06:34	9.10
178	47	M 114	Hertsens Alexander [Nvt] 2013	Ng	----	33:04	06:36	9.10
179	98	F 64	Vastesaegeer Anne-marie [M60+] 1959	Ng	Oeh	33:16	06:39	9.00
180	34	F 65	Bardijn Annemie [M65+] 1958	Ng	Leeuwerik	33:36	06:43	8.90
181	25	F 66	Avau Magda [M65+] 1954	Ng	Oeh	33:45	06:45	8.90
182	18	M 115	Ronsijn Emiel [M70+] 1953	Ng	Acp	34:09	06:49	8.80
183	136	F 67	Huybens Kristel [M50+] 1973	Ng	Brasserrunn	34:32	06:54	8.70
184	639	F 68	Roozeleer Connie [M50+] 1972	Ng	Brasserrunn	34:34	06:54	8.70
185	436	F 69	Geeroms Annelies [M40+] 1980	Lennik	----	34:35	06:55	8.70
186	403	F 70	Bouwens Leen []		----	35:02	07:00	8.60
187	402	M 116	Minner David [M45+] 1978		----	35:03	07:00	8.60
188	404	F 71	Van Den Eeckhout Katrien []		----	35:04	07:00	8.60
189	405	M 117	De Wael Thomas []		----	35:05	07:01	8.60
190	55		Naam Niet Gekend []		----	35:07	07:01	8.50
191	168	F 72	Jacobs Elke [M40+] 1982	Ng	----	35:26	07:05	8.50
192	167	M 118	Van Damme Jaak [M60+] 1960	Ng	----	35:26	07:05	8.50
193	182	F 73	Poncelet Margot [Sen] 2000	Ng	----	35:32	07:06	8.40
194	178	M 119	Knauf Keanu [Sen] 1997	Ng	----	35:33	07:06	8.40
195	24	F 74	Leurs Annemie [M55+] 1963	Ng	Acp	35:51	07:10	8.40
196	96	M 120	Massaer Jozef [M70+] 1953	Ng	Leeuwerik	36:12	07:14	8.30
197	97	F 75	Smets Sonja [M65+] 1957	Ng	Leeuwerik	36:13	07:14	8.30
198	416	F 76	Ronya Cheer Yemlahi [] 2013	Roosdaal	----	36:57	07:23	8.10
199	53	F 77	Najj Hiba [Nvt] 2013	Ng	----	36:58	07:23	8.10
200	143	F 78	Crokaert Cindy [M40+] 1980	Ng	Etenghien	37:11	07:26	8.10
201	32	F 79	Ducastel Lena [Nvt] 2011	Ng	----	38:10	07:38	7.90
202	198		Naam Niet Gekend []		----	38:19	07:39	7.80
203	89	F 80	Mares Stien [Nvt] 2008	Ng	----	38:19	07:39	7.80
204	729	F 81	Timmermans Sarah [M40+] 1982	Ng	----	38:33	07:42	7.80
205	728	M 121	De Bodt Thomas [M40+] 1981	Ng	----	38:36	07:43	7.80
206	138	F 82	Brems Eva [M45+] 1975	Ng	----	38:39	07:43	7.80
207	137	F 83	Derijcke Els [M45+] 1974	Ng	----	38:40	07:44	7.80
208	92	F 84	Crokaert Agnes [M65+] 1955	Ng	Leeuwerik	39:35	07:55	7.60
209	78	M 122	Robijns Bjarne [Nvt] 2011	Ng	----	40:17	08:03	7.40
210	77	M 123	Robijns Bjorn [Sen] 1990	Ng	----	40:21	08:04	7.40
211	12	F 85	Beelen Lisette [M70+] 1950	Ng	Leeuwerik	40:22	08:04	7.40

212	426	M 124	Buyens Johan [M70+] 1950	Brussel	Bav	41:22	08:16	7.30	
213	142	M 125	Kilitsidis Alexis [M35+] 1984		Ng	Leeuwerik	42:10	08:26	7.10
214	420	M 126	Loonen Willem [M75+] 1947	Beersel		Bvr	45:14	09:02	6.60
215	176	M 127	De Chaffoy De Courcelles Omer [Nvt] 2011		Ng	----	45:36	09:07	6.60
216	126	F 86	Vanbeneden Karin [M60+] 1962		Ng	Leeuwerik	50:15	10:03	6.00
217	445	F 87	Vandenbosch Rolanda [M55+] 1965			Leeuwerik	50:16	10:03	6.00
218	128	M 128	Stiens Luk [M65+] 1957		Ng	Leeuwerik	50:18	10:03	6.00
219	427	M 129	De Weerd [M70+] 1952			Leeuwerik	51:12	10:14	5.90
220	26	F 88	Vanderborght Kristel [M40+] 1979		Ng	Joggingclub	54:04	10:48	5.50
221	27	M 130	Henri Roesems [M45+] 1976		Ng	Joggingclub	54:09	10:49	5.50
222	28	M 131	Steens Christian [M60+] 1960		Ng	Leeuwerik	54:10	10:50	5.50
223	422	F 89	Walravens Lydia [M70+] 1952			Leeuwerik	54:18	10:51	5.50
224	408	M 132	Vandevelde Peter [M50+] 1971			Leeuwerik	54:19	10:51	5.50
225	409	F 90	Moons Heidi [M45+] 1978			Leeuwerik	54:26	10:53	5.50
226	29	F 91	Steens Phébe [Nvt] 2008		Ng	Leeuwerik	54:26	10:53	5.50
227	401	M 133	Vermeulen Fery [M65+] 1954			Leeuwerik	54:27	10:53	5.50
228	74	F 92	Van Heffen Els [M55+] 1967		Ng	Leeuwerik	54:29	10:53	5.50
229	75	F 93	Annendyck Lisa [Sen] 1996		Ng	Leeuwerik	54:30	10:54	5.50
230	62	F 94	Vermeulen Belinda [M45+] 1974		Ng	Leeuwerik	55:00	11:00	5.50
231	63	F 95	Mollaert Imilia [Sen] 2002		Ng	Leeuwerik	55:03	11:00	5.40
232	64	F 96	Mollaert Ilani [Nvt] 2013		Ng	Leeuwerik	55:11	11:02	5.40
233	52	F 97	Bardijn Jeanne [M75+] 1948		Ng	Leeuwerik	65:08	13:01	4.60